

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Breakfast Breakfast Pizza Fruit & Juice Lunch Beef Nachos W/ Cheese Sauce Black Beans Fruit	4 Breakfast Sausage & Rice Daily Fruit Lunch Chicken Corn Dog Garden Salad Assorted Fruit	5 Breakfast Breakfast on a Stick Fruit & Juice Lunch Chili w/ Hot Dog Rice Daily Vegetable Fruit	6 Breakfast Bagel & Cream Cheese Fruit Lunch Cheese Pizza Daily Vegetable Fruit
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A Variety of Fruits and Vegetables are offered weekly including Fresh, Frozen and Canned

9 Breakfast Cinnamon Stuffed Bagel Fruit Lunch Pasta w/ Meat Sauce Fruit Daily Vegetable	10 Breakfast Biscuit Breakfast Sandwich W/ Bacon and Egg Daily Fruit & Juice Lunch Pork Carnitas Spanish Rice Fruit & Vegetable	11 Breakfast French Toast Sticks Fruit Lunch Swedish Meatballs Rice Fruit & Vegetables	12 Breakfast Mini Pancakes Fruit & Juice Lunch Drumstick Red Rice Cucumber Salad Fruit	13 Breakfast Fried Rice w/ Ham & Egg Fruit Dip it Lunch Cheesy Breadsticks Marinara Sauce Baby Carrots w/ Ranch Fruit
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Cold Cereal is offered daily as a 2nd breakfast Option (instead of the menu item)

16 Breakfast Blueberry Muffin Fruit Lunch Breaded Chicken Burger Potato Wedges Fruit	17 Breakfast Breakfast on a Stick Fruit & Juice Lunch Chicken Nuggets Rice & Beans Fruit	18 Breakfast Breakfast Pizza Fruit Lunch Orange Chicken w/ Rice Caesar Salad Daily Fruit	19 Breakfast Apple Frudel Fruit & Juice Lunch Eggless Loco Moco Vegetable Daily Fruit	20 Breakfast Chicken on a Biscuit Fruit Lunch Pepperoni Pizza Assorted Vegetable Fruit
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All meals meet USDA requirements for Healthy, Hunger Free Children

23 Breakfast Strawberry Stuffed Bagel Fruit Lunch Cheese Burger Baby Carrots & Ranch Fruit	24 Breakfast Breakfast Sandwich w/ Sausage & Cheese Fruit & Juice Lunch Chicken Strips Spanish Rice & Beans Fruit	25 Breakfast Cheese Omelet Rice Daily Fruit Lunch BBQ Pork Sandwich Daily Vegetable Fruit	26 Breakfast Mini Pancakes Fruit & Juice Lunch Bistek Rice Vegetable Fruit	27 Breakfast Benefit Bar Fruit Lunch Popcorn Chicken Bowl Mashed Potato & Gravy Dinner Roll Fruit
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At lunch, you are required to take a fruit or vegetable and at least 2 other items (Milk is optional)

30 Breakfast Chocolate Chip Muffins Fruit Lunch Swedish Meatballs & Rice Daily Vegetables Fruit		Follow us on Instagram @ Sodexoschoolsguam For fun School Food updates		
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